

What is Medication Adherence?

Medication adherence is defined as a patient's conformance with their provider's recommendation with respect to timing, dosage, and frequency of medication-taking during the prescribed length of time.

In other words, are you taking the medications you are prescribed on time, in the correct dose and for the prescribed amount of time?



Greener Living With Green Life Pharmacy!

718-282-6100

1287 Nostrand Ave
Brooklyn, NY 11226

Monday - Friday 10 - 6



Concerned about a loved one taking their medications correctly?

Forget if you have taken your medications yet today?

Tired of multiple trips to the pharmacy each month?



We make taking your medications EASY with our Med Sync and Compliance Packaging programs!

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Benefits of Adherence

- According to a recent study, non-adherence cost patients about \$2000, per patient, in physician visits annually¹.
- By improving self-management of chronic diseases, you get an approximate cost savings ratio of 1:10¹.
- Non-adherence causes between 30% and 50% of treatments to fail; translating to roughly 125,000 deaths annually².

Improving Adherence

There are several ways to improve medication adherence.

- Get all of your medications from one pharmacy. By reducing the number of pharmacists involved in your medication regimen, you reduce the chances you could take too many or conflicting medications.
- Keep your physicians, nurses and pharmacists informed on all of the medications you are currently taking.
- Request to get all of your prescription instructions verbally and in writing if you have trouble remembering each one.
- Be sure to ask questions if you have any concerns about your medication. Your pharmacist is here to help.

Sources:

1. Ho 2009, Circulation; Levine et al. 2013, Annals of Neurology
2. Ho 2009, Circulation; Edmondson 2103, Br J of Health Psychology; George & Shalansky 2006, Br J Clin Phar

How we can help

At Green Life Pharmacy, we are always focused on helping you be as healthy as possible. That's why we offer our Medication Synchronization and Compliance Packaging programs.

Medication Synchronization

Medication synchronization is an automated solution that coordinates all of your prescriptions to be refilled on the same day each month.

Benefits:

- Each month, on the day of your choosing, all of your prescriptions will be refilled and ready for pick up or delivery.
- A few days prior to your prescriptions getting refilled, you will receive a call from our pharmacy to confirm which prescriptions are needed.
- Best of all, we will call your doctor for refills and we also work with your insurance company to reduce or eliminate any hassles to you.
- We ensure you are taking the right medications each month by checking with you and your doctor, to eliminate any confusion with your medication regimen.

Compliance Packaging

Our compliance packaging is designed to help you take the right medications at the right time - giving you one less thing to worry about. When you sign up for our program our pharmacist will personally evaluate all of your prescriptions and consult with your doctor to develop a personalized dosage pack.

Benefits:

- Easy-to-use packs
- Convenient local delivery to your home or workplace
- Most major insurance programs accepted



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